

MEDIA RELEASE: 13 May 2026

Giant Snakes + Ladders invites Perth to experience the ups and downs of life with MS

Perth city-goers will find themselves face-to-face with a giant Snakes + Ladders board in the heart of the city this month, created by a woman who rebuilt her life after a diagnosis of multiple sclerosis (MS) led to early retirement.

With the support of MSWA's Community Engagement Team, Rhonda Adamsam has transformed an iconic childhood game into a public art installation that doubles as a metaphor for life with MS: "up one day, down the next."

The 20-year community services veteran took to early retirement 11 years ago when worsening symptoms stripped away her ability to work.

Ms Adamsam said this artwork represents her journey.

"Every roll of the dice mirrors the uncertainty of life with MS," Ms Adamsam said.

"The setbacks you can't predict and the small victories you fight for, I want people to feel what it's like to keep rolling, even when the odds change."

Now her story and artwork sit at the heart of MSWA's *Art Without Limits* exhibition, opening Monday, 18 May at Central Park Tower.

More than 50 artworks by Western Australians living with neurological conditions will be on display, challenging stereotypes that affect [1 in 3 people](#) across WA.¹

MSWA CEO Melanie Kiely said the exhibition presents an opportunity to showcase the creativity and individuality within the neurological community.

"Rhonda's Snakes + Ladders installation captures the reality of living with MS. She's turned her lived experience into something people can physically step into and feel."

"Art is such a powerful form to share the emotions and feelings people with neurological conditions experience on a day-to-day basis."

Art Without Limits runs for two weeks leading up to World MS day on 30 May 2026.

¹ *Statistic sourced from WA Health. MSWA supports many neurological conditions, though not all conditions included in this statistic.*



Life not limits

Perth landmarks including Matagarup Bridge, Council House and Kings Park will light up red on this date in a show of solidarity.

Event details

- Location: Central Park Tower Perth, 152-158 St Georges Terrace
- Opening dates: 18-29 May, 8:30am-5pm (excluding weekends and public holidays)
- Free entry
- More information available at: [Art Without Limits Exhibition | MSWA](#)

- ENDS -

Images are available [here](#).

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About MSWA

MSWA provides vital support and services to people living with neurological conditions in Western Australia, striving to help Clients and the wider neuro community to live their best lives. This includes supporting people living with multiple sclerosis (MS), stroke, Parkinson's disease, Huntington's disease, motor neurone disease (MND), acquired brain injury and other conditions afflicting the brain and central nervous system.

In 2025, MSWA stepped in to support MS Society South Australia and Northern Territory and now operates as a singular organisation, strengthening support for people living with neurological conditions across Australia.

With a team of almost 1000 staff who all work passionately to provide the best possible care to people, MSWA supports Clients across the metro area and regional centres of Western Australia, as well as South Australia and the Northern Territory.

MSWA's team of experienced nursing and allied health professionals provide information and a range of supports from the time of diagnosis. All MSWA programs are delivered in accordance with both the Disability Service Standards and our own service standards.

MSWA is a non-government, not-for-profit organisation. The money raised through its fundraising efforts, government grants and other income generating programs goes directly to providing supports and services to people living with neurological conditions.

In addition to its direct care services, MSWA also provide funding for vital research into neurological conditions having committed more than \$50 million to research to date.